

## THE GOOD STORES

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### TIME GOES BY AND EVERY YEAR IS DIFFERENT

One of the consequence of the climate change is that winters become more and more unpredictable. Two good examples are illustrating this fact. During the 2010-2011 winter, it has been snowing early and heavily. Thus, we could enjoy a white Christmas, even in the lowlands, which is extremely scarce. During the regular winters, the critical period is around Christmas, where one can experience a mild spell. So, the situation back then was giving a great hope to the snow-sportsmen to get a good snowy season. This was not taking into account the important mild spell that we got early January. The second example is the one of last fall, surprisingly dry and warm. In fact, the first snow is usually falling in the mountains between mid-November and early December. In this case, one had to wait for mid-December to see snow falling. Thus, planning snowshoes tours is becoming a increasing challenge. The solution might be to provide a greater flexibility in the choice of the destination. Thus, one should expect that the programme might be changed during the season depending on the conditions.

We wish you all the best for the coming year.



# Destination



Montagne  
Since 1996

## Programme 2012

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# WINTER 2011-2012 PROGRAMME

All detailed descriptions are available from the programme page of the website  
<http://www.destination-montagne.ch>

No.	Date	Season	Destination	Duration	Altitude gain	Difficulty	Region	Price CHF	Price EUR
1.2012	7 Jan. 12	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.50	31.25
2.2012	8 Jan. 12	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.50	31.25
3.2012	9 Jan. 12	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.50	31.25
4.2012	21 Jan. 12	Winter	Monts Chevreuils	5h45	750m	WT1	Prealps of Vaud, Châteaud'Oex	75.-	62.50
5.2012	29 Jan. 12	Winter	Sur la Pointe	3h	570m	WT1	Haute Savoie, Bellevaux	75.-	62.50
6.2012	4 Feb. 12	Winter	Folly	3h30	500m	WT1	Prealps of Vaud, Montreux	75.-	62.50
7.2012	5 Feb. 12	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.50	31.25
8.2012	6 Feb. 21	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.50	31.25
9.2012	7 Feb. 12	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.50	31.25
10.2012	19 Feb. 12	Winter	Pointe des Follys	3h30	620m	WT1	Haute Savoie, Bellevaux	75.-	62.50
11.2012	25 Feb. 12	Winter	Vudalla	4h	700m	WT1	Prealps of Fribourg, Gruyères	75.-	62.50
12.2012	4 Mar. 12	Winter	Pointe de Poêle Chaud	3h30	550m	WT1	Jura of Vaud, Saint-Cergue	75.-	62.50
13.2012	6 Mar. 12	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.50	31.25
14.2012	7 Mar. 12	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.50	31.25
15.2012	8 Mar. 12	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.50	31.25
16.2012	10 Mar. 12	Winter	A night at hospice of Grand Saint-Bernard	up to 4h	up to 600m	WT2	Alps of Valais, Martigny	240.-	200.-
17.2012	18 Mar. 12	Winter	Aiguillette des Houches	5h	900m	WT2	Haute Savoie, Chamonix	75.-	62.50
18.2012	24 Mar. 12	Winter	A night at hospice of Grand Saint-Bernard	up to 4h	up to 600m	WT2	Alps of Valais, Martigny	240.-	200.-
19.2012	31 Mar. 12	Winter	Crêt de la Neuve	4h30	500m	WT1	Jura of Vaud, Saint-George	75.-	62.50
20.2012	15 Apr. 12	Winter	Tête de Ferret	7h	1000m	WT2	Alps of Valais, Orsières	75.-	62.50

# PRICES, TERMS AND CONDITIONS

The prices are given in CHF (Swiss Francs) and Euros. Only the fees for an adult are printed. A rebate of approximately 10% is offered to students, apprentices and pensioners. In order to get more information, please have a look at the website.

For all tours, following terms and conditions apply:

The group size for the tour is set to a minimum of 6 persons and to a maximum of 12 persons. The registrations are taken in the incoming order. The registrations are taken at the latest 72 hours before start for 1 or 2 days tours and 2 weeks for trekkings. The registration form is included in the program.

For 1 day tours, the amount is due the day of the outing. In all other cases, a 30% advance is required at registration. The registration is accepted at receipt of the advance.

As an extra, it is possible to take out a cancellation costs insurance. The price of it depends on the price of the trip as well as its duration. The price is mentioned in the description of the tour. The cancellation costs insurance must be asked for at enrollment. Competent jurisdiction is based in Geneva.

The meeting point is usually at the P+R of Bernex.

The price includes:

## Summer tours

The fee, for 2 days tours, the half board lodging and for 4 days on tours, the full board lodging, when applicable the transportation of the luggage from one place to the other, and the transportation during the tour. Beverages are not included. Special conditions related to tours lasting longer than two days are provided in the descriptions found on the Internet.

## Snowshoes tours

The fee, the rental of a pair of snowshoes, the rental of avalanche prevention equipment and for tours lasting longer than one day, the half board lodging and the transportation during the tour. (Beverages not included). Special conditions related to tours lasting longer than two days are provided in the descriptions found on the Internet.

In all cases, all other expenses are charged to the participants. In particular, travel expense from the P+R of Bernex to the start of the tour is not included in the price.

In case of transportation by organiser, following rates are applicable:

CHF 5.- per covered 50Km (Example: Bernex-Samoëns: 77.2Km. Round trip: 154.4Km. Rate: Sfr 15.-)

The rates are provided in the descriptions that can be found on the Internet.

The participants are asked to check that they are equipped appropriately. In particular they are asked to carry warm clothing and hiking shoes. One should remember that in the mountains, the conditions can change from an intense sun (sunglasses, cap, sun cream, ...) to winter conditions (wind-stopper, polar fleece, rain protection, ...) within hours.

The participants are kindly asked to check that they are correctly insured against accidents.

The organiser reserves the rights to modify the itinerary or the destination, without providing any explanation.

The walking duration is calculated on a basis of 4,2 Km/h on flat and between 250m and 300m altitude gain an hour. At this speeds even a less trained person can hike without being out of breath.

# WINTER 2012-2013 PROGRAMME

All detailed descriptions are available from the programme page of the website  
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No.	Date	Season	Destination	Duration	Altitude gain	Difficulty	Region	Price CHF	Price EUR
45.2012	26 Nov. 12	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.50	31.25
46.2012	27 Nov. 12	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.50	31.25
47.2012	28 Nov. 12	Evening	With snowshoes at full moon (St. Cergue)	2h	200m	WT1	Jura of Vaud, Saint-Cergue	37.50	31.25
48.2012	1 Dec. 12	Winter	Dent de Valerette	4h	700m	WT2	Bas Chablais, Monthey	75.-	62.50
49.2012	9 Dec. 12	Winter	Grand Cunay	4h30	350m	WT1	Jura of Vaud, Saint-George	75.-	62.50

## Scale of difficulty

For snowshoes tours, you will find the scale on the following Internet page:

[http://www.sac-cas.ch/fileadmin/pdf/Skalen/08\\_Echelle\\_CAS\\_cotation\\_courses\\_raquettes.pdf](http://www.sac-cas.ch/fileadmin/pdf/Skalen/08_Echelle_CAS_cotation_courses_raquettes.pdf)

For hiking tours, the scale is on the following Internet page:

[http://www.sac-cas.ch/fileadmin/pdf/Ausbildung/Merkblaetter/Cotation\\_CAS\\_des\\_randonn\\_es\\_.pdf](http://www.sac-cas.ch/fileadmin/pdf/Ausbildung/Merkblaetter/Cotation_CAS_des_randonn_es_.pdf)

# SUMMER 2012 PROGRAMME

All detailed descriptions are available from the programme page of the website  
<http://www.destination-montagne.ch>

No.	Date	Season	Destination	Duration	Altitude gain	Difficulty	Region	Price CHF	Price EUR
21.2012	19 Apr. 12	Summer	Around Lake Lucerne	up to 7h30	up to 1100m	T2	Central Switzerland, Stans	850.-	710.-
22.2012	28 Apr. 12	Summer	Crossing Weissenstein	5h	680m	T2	Jura of Solothurn, Solothurn	65.-	54.15
23.2012	6 May. 12	Summer	Vuache	4h	450m	T2	Haute Savoie, Vulbens	65.-	54.15
24.2012	12 May. 12	Summer	Crossing from Sainte-Croix to Vallorbe	6h30	780m	T2	Jura of Vaud, Vallorbe	65.-	54.15
25.2012	17 May. 12	Summer	The valley of the painters	up to 6h	up to 850m	T3	Italy, Piemonte	650.-	541.65
26.2012	28 May. 12	Summer	Marvelous spots of Ticino	up to 8h	up to 1450m	T3	Tessin, Maggia	925.-	725.-
27.2012	3 Jun. 12	Summer	Crêt de Chalam	5h	950m	T2	Jura, Valserine	65.-	54.15
28.2012	9 Jun. 12	Summer	Pointe de Cray	7h	1200m	T2	Prealps of Fribourg, Gruyères	65.-	54.15
29.2012	17 Jun. 12	Summer	Bisse du Rhô	5h	200m	T4	Center of Wallis, Montana	65.-	54.15
30.2012	23 Jun. 12	Summer	The Bisses around Visp	5h	800m	T4	Upper Wallis, Visp	275.-	229.15
31.2012	9 Jul. 12	Summer	Across Swiss national park	up to 7h	up to 1000m	T3	Lower Engadin, Zernez	1000.-	833.30
32.2012	21 Jul. 12	Summer	Golette and Emaney	7h	1400m	T2	Lower Wallis, les Marécottes	65.-	54.15
33.2012	29 Jul. 12	Summer	Fenêtre d'Arpette	6h30	1300m	T3	Lower Wallis, Martigny	65.-	54.15
34.2012	11 Aug. 12	Summer	From Wallis to Simmental	up to 6h	up to 900m	T2-T3	Alps of Bern, Lenk	275.-	229.15
35.2012	22 Aug. 12	Summer	Scenic trail of Toggenburg	up to 7h30	up to 1350m	T3	Eastern Switzerland, Saint-Gall	1000.-	833.30
36.2012	1 Sep. 12	Summer	Pointe du Midi	6h	450m	T5	Lower Wallis, Trient	65.-	54.15
37.2012	6 Sep. 12	Summer	The valley of the painters	up to 6h30	up to 1000m	T4	Italy, Piemonte	690.-	575.-
38.2012	15 Sep. 12	Summer	Tête Bossetan	6h30	1200m	T2	Haute Savoie, Samoëns	65.-	54.15
39.2012	23 Sep. 12	Summer	Crossing Grenchenberg	4h45	830m	T2	Jura of Bern, Grenchen	65.-	54.15
40.2012	29 Sep. 12	Summer	Bourgeoise and Lac du Col de Joux Plane	3h30	550m	T2	Haute Savoie, Samoëns	65.-	54.15
41.2012	14 Oct. 12	Summer	Dôle on indirect paths	4h30	650m	T2	Jura of Vaud, Gingins	65.-	54.15
42.2012	20 Oct. 12	Summer	Crossing Pierra Perchia	5h	1050m	T3	Prealps of Vaud, Montreux	65.-	54.15
43.2012	28 Oct. 12	Summer	Grand Crêt d'Eau	4h30	650m	T2	Jura, Valserine	65.-	54.15
44.2012	18 Nov. 12	Summer	Montagne des Princes	4h	700m	T2	Haute Savoie, Seyssel	65.-	54.15

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## **REGISTRATION FORM**

First name: \_\_\_\_\_

Last name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_ (home)

\_\_\_\_\_ (office)

Yes, I'd like to enroll for the Tours no.

\_\_\_\_\_

Date \_\_\_\_\_

Firm \_\_\_\_\_

Enclosed, I send my payment of Swiss francs: \_\_\_\_\_

Post account No. 12-87819-2

Registration form (one per person) to be copied or detached and faxed or sent to:

Charles LEHMANN

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1233 Bernex

Phone: +41 (0) 22 757 67 57

Fax: +41 (0) 22 757 67 58

Mobile: +41 (0) 79 629 02 62

E-Mail: [lehmann.charles@destination-montagne.ch](mailto:lehmann.charles@destination-montagne.ch)

Internet: <http://www.destination-montagne.ch>

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Last name: \_\_\_\_\_

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